


SWPS Programs – 2022-2023

Annual Club Registration and Insurance Fee of \$75 per person or \$150 Maximum per Family is due upon registration in all Powerswimming™ and SWPS Competitive Programs.

Program	Description	Days and Times	Monthly Fees
SWPS Powerswimming Programs			
Power Swimming™ Swimming Instruction Swim lessons delivered by water polo and competitive swimming coaches aimed at increasing speed, endurance, and stamina. All four strokes are taught with an emphasis on <i>freestyle sprinting, treading & overall endurance</i> . Registration is ongoing, monthly.	POWER SWIMMING™ LESSONS		
	Purple Ages 5-7 Tues and/or Thurs 7:00-7:45 pm Monthly rate: 1 X week \$50	SCP Teach Pool 2 X week \$80	
	Orange Ages 7-9 Tues and/or Thurs 7:00-8:00 pm Monthly rate: 1 X week \$75	SCP Teach Pool 2 X week \$100	
	White Ages 8-11 Tues and/or Thurs 7:00-8:00 pm Monthly rate: 1 X week \$75	SCP Dive Tank 2 X week \$100	
	Evergreen Ages 8-11 Tues and/or Thurs 7:00-8:15 pm Monthly rate: 1 X week \$85	SCP Dive Tank 2 X week \$125 150 for 3X week if combined with Sunday Polo	
Red /Atom Ages 8-12 Tuesday & Thursday 7-8:15 pm 2X week - \$125 \$150 for 3X week if combined with Sunday Polo	SCP Dive Tank		
SCP Partnership Programs – Register with SCP Directly			
Minipolo Partnership Program Ages 7-10	Introductory water polo class for new players. Practice held in shallow water	SCP Sundays 5:00 – 6:00pm	Registration is by sessions through Saanich Recreation.
Junior Development Partnership Program Ages 8-12	Deep water program for novice players who want to enter competitive water polo and/or increase swimming stamina.	SCP Sundays 4:30 – 6:00pm	Registration is by sessions through Saanich Recreation.
SWPS Competitive Programs			
U12 Atom Grade (4)5-6		Tues/Thurs 7-8:15 pm Sundays 4:30-6:00 pm	\$150/Month
U14 Bantam Grade (6)7-8		Tues & Thurs 7-8:45 pm Sundays 4:30-6:00pm	\$175/Month
High School Cadet/Youth		Wednesday 7:30-8:45 Tues & Thurs 7-8:45 pm Sundays 4:30-6:00 pm	\$200/Month
Mavericks & Night League		Wednesdays 7:30-8:45 pm	\$40/Month
Family Rate: Families pay a maximum of \$275 per month for any combination of SWPS programs excluding Night League and SCP Partnership Programs.			